

Hands Holdings Hands

Our mission To assist Those less fortunate. To Support our Mothers and Children. To Strengthen those who are The Families Cornerstone.





Suicide Among our Children

Our Children are our Future and the Nucleus of their World... "The Mother". If we support the Mother ...we in turn support the children. We support Single Mothers with Food, Housing and assistance to employment.

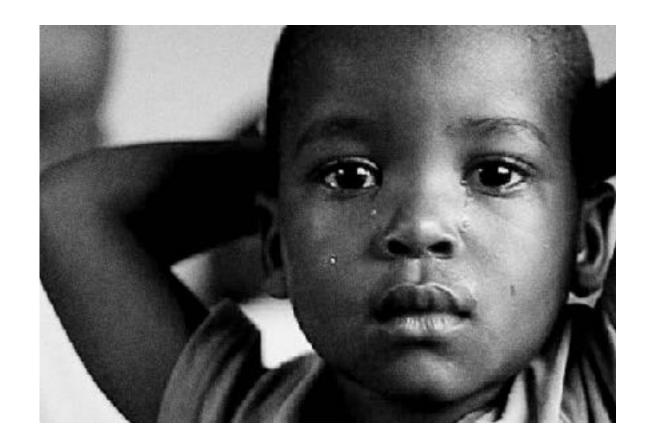




The Hopelessness of Loneliness

Supporting our Mothers -Care Givers of the Elderly

Usually in The Rural areas of Alabama the average African American Women not only is a single parent but also a caregiver to Elderly Parents. We wish to support her with assistance. The assistance Food, Housing and Medical Care.



Please Give To Hands Holding Hands

Our Mission is to provide assistance and establish a safe Haven for those in need. We humbly ask for your support and will provide all transparency and updates to the continuance of our Mission.

Thank you Hands Holding Hands Sabrina Montgomery